



**SCOTTISH 10K ROAD RACE CHAMPIONSHIP 2009
(BLOCK CAPITAL PLEASE)**

Tick entries as appropriate

	SAL Affiliated		Non Affiliated	
	Fee	Tick	Fee	Tick
Helensburgh	£10 *		£12	
Clydebank	£10 *		£12	
Dumbarton	£10 *		£12	
Vale of Leven	£10 *		£12	
Series	£36 *		£44	

*** £10/£36 entries will NOT be accepted unless accompanied by your SAL Registration Number.**

SURNAME FORENAME

ADDRESS

POSTCODE EMAIL

TELEPHONE NO. AGE DATE OF BIRTH

MOBILE NO.

NAME OF CLUB SAL MEMBERSHIP NO.

NON-ATHLETIC TEAM MALE FEMALE

I HEREBY DECLARE THAT I AM AN AMATEUR AS DEFINED BY THE SAL LAWS. I WILL BE 15 YEARS OR OVER ON THE RACE DAY AND AGREE THAT THE ORGANISERS WILL IN NO WAY BE HELD RESPONSIBLE FOR ANY INJURY OR ILLNESS INCURRED BY ME DURING OR AS A RESULT OF THIS EVENT OR FOR ANY PROPERTY LOST ON THE COURSE OR IN THE CHANGING ROOMS

SIGNED DATE

YOUR NAME AND ADDRESS MAY BE PASSED ONTO OUR SPONSORS. IF YOU DO NOT WISH THEM TO USE YOUR NAME AND ADDRESS PLEASE TICK BOX

Please Note - NO entries on the day

- Chip Technology
- Closing date for entries indicated below
 - Entry limit 1100 for each event
 - T-shirts for all Series Entrants
- All Events - Finisher's Medal / Extensive Prize List / Amazing prizes

Entry Fees	Race Date	SAL Affiliated	Non Affiliated	Closing Date
Helensburgh	21st May, 7.30pm	£10 *	£12	15th May
Clydebank	28th May, 7.30pm	£10 *	£12	22nd May
Dumbarton	4th June, 7.30pm	£10 *	£12	29th May
Vale of Leven	14th June, 10am	£10 *	£12	10th June
Series		£36 *	£44	15th May

(All races run under SAL rules)

Please enclose a Cheque/Postal Order with the **CORRECT ENTRY FEE** made payable to Stylemark UK Ltd

DO NOT SEND A STAMPED ADDRESSED ENVELOPE

Ensure your entry form is complete and return it to:

Polaroid EYEWEAR 10K Road Race Series
Stylemark UK Ltd
Vale of Leven Industrial Estate
Dumbarton
G82 3PW
Help Line 01389 714465

You may also enter online - visit www.polaroid-10k.co.uk

**POLAROID SUNGLASS OFFER
REMEMBER TO INCLUDE AN EMAIL ADDRESS**

